

## PHOTOPERIOD COACHING

4 VISITS...\$325

Initial visit: We will talk about planting your clone/seedling or germinating your seed. We will go over the lifecycle of a photoperiod plant. When we leave, your plant will be planted appropriately. You will have a handout with the information that was gone over.

3 week check in: starting the vegetative stage. We will check lighting and overall set up to ensure optimal growth. We will coach on what needs to happen in the next 2-3 months.

Once plant is really filling out the tent (in 2-3 months): We will come out to show trim/defoliation techniques for air circulation and start to train/trellis the plant. We will talk about what signs to look for in order to switch lighting over to 12/12 hours. That will happen 2-3 weeks after this visit.

8-11 weeks later: the plant is flowering and sex has been determined...Our last visit will be to assess harvest. We will talk about how to determine when to harvest and tips on how to do it.

Each visit will last between 30 minutes and an hour.

